## How do Bidet Toilet Attachments Help the Physically Disabled?

Although the physically disabled are limited in their ability to move or perform activities, they still desire a lifestyle that is as independent as possible. For some, this means simply installing living aids in their home to help them get around or perform daily tasks. For others, it means hiring a caregiver to assist them on a full- or part-time basis. The amount of assistance required by someone who is physically disabled will vary a great deal, depending on the situation.

Bidet toilet attachments help the physically disabled by providing an innovative personal cleaning system that helps them clean up after using the toilet. Replacing, or attaching to, traditional toilet seats, bidet toilet attachments are operated by pressing a button and clean the user's rectal or genital area with a gentle, directed and clean stream of water. Regardless of whether a physically disabled individual only requires daily living aids to get around, or if they require professional assistance to perform daily tasks, installing a bidet toilet attachment can help them.



## **Increase Independent Living**

People with physical disabilities are presented with unique challenges associated with their daily living needs. Someone who lacks mobility through paralysis, for example, may require a personal caregiver to help them with daily tasks, such as going to the bathroom.

Whereas someone who is able-bodied would not think twice about how they wipe after doing their business, wiping can present a serious issue for someone who has limited or no use of their legs. For example, trying to shift and hold one's weight up with one arm while wiping with the other can be difficult and dangerous.

Bidet toilet attachments solve this problem by allowing the physically disabled to easily clean themselves after using the toilet. Without this option, the user might have to call for assistance, which can be frustrating and embarrassing for both them and the person doing the assisting.

## Improve Assisted Living

Even if a physically disabled individual does require the assistance of a caregiver, they should still be spared as many indignities as possible. There's no reason why someone with a disability should not be able to conduct their personal hygiene affairs in as personal and discreet a way as possible.

If it is necessary for a caregiver to help a physically disabled individual enter or exit the bathroom, having a bidet toilet attachment at their disposal will at least spare them the embarrassment of requiring a sponge bath to clean up after using the toilet.

## **Enable Living at Home**

Sometimes individuals with physical disabilities are forced to move into an assisted living facility due to a lack of caregiver resources at home. To the extent it is what they want, however, the physically disabled should be encouraged and enabled to live at home as long as possible. Installing a bidet toilet attachment is one way to do this, as it can eliminate one of the more challenging daily tasks. Reducing the need for a caregiver can also help save precious financial resources.

In summary, bidet toilet attachments can help the physically disabled maintain their independence and dignity, as well as enable them to live at home. Learn more by visiting us at **hdsupplysolutions.com** or calling us at **1-800-431-3000**.

